

Cheryl... HICKEY

Media Personality



The Spotlight Agency.com



CHERYL HICKEY

Media Personality

Poised, professional, and endlessly relatable, Cheryl Hickey has spent over two decades lighting up television screens with her signature blend of warmth, curiosity, and class. Best known as the beloved former cohost of *ET Canada*, where she became a household name, Cheryl welcomed over half a million viewers each night during the show's remarkable eighteen-year run. With two Canadian Screen Awards for Best Host to her name, Cheryl isn't just a familiar face—she's a trusted voice.

Cheryl's career began behind the scenes in radio, and later as a daring helicopter reporter for Global. Her early work covering courts and crime sharpened her storytelling instincts and set the stage for her next chapter—bringing the world of entertainment into the homes and hearts of Canadians. From red carpets at the Oscars and Cannes to heartfelt conversations with icons like Oprah Winfrey and Brad Pitt, Cheryl connects deeply with both celebrities and audiences alike.

Whether she's hosting live on stage, moderating panels, or delivering inspiring keynotes, Cheryl brings her signature authenticity and grace to everything she does. She also brought that heart to HGTV Canada's Family Home Overhaul, proving she's just as compelling getting her hands dirty as she is in haute couture.



Social Media

Over 199K+ Followers across
Instagram, Facebook, and TikTok

Audience Demographics

15% ages 25-29 32% ages 30-34 36% ages 35-39

Top Countries: Canada (94%)
Top Cities: Toronto, Vancouver, Montreal

Cheryl's community are generally interested in wellness, family, fashion, beauty, and entertainment.











@CherylHickeyOver 115K+ Followers on Instagram

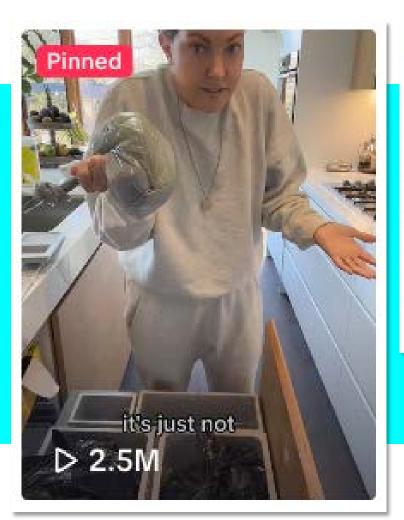
Instagram Stats:

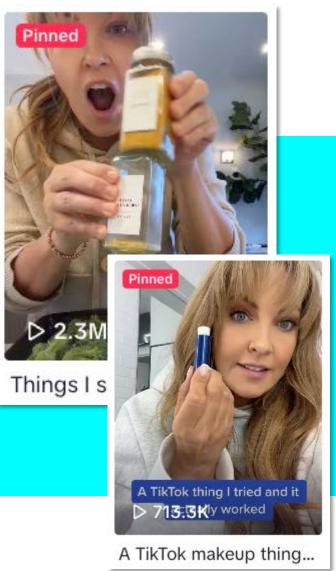
21K+ Average Reach 900+ Average Engagements 4.3% Engagement Rate

@CherylHickey Over 83.6K+ Followers on TikTok

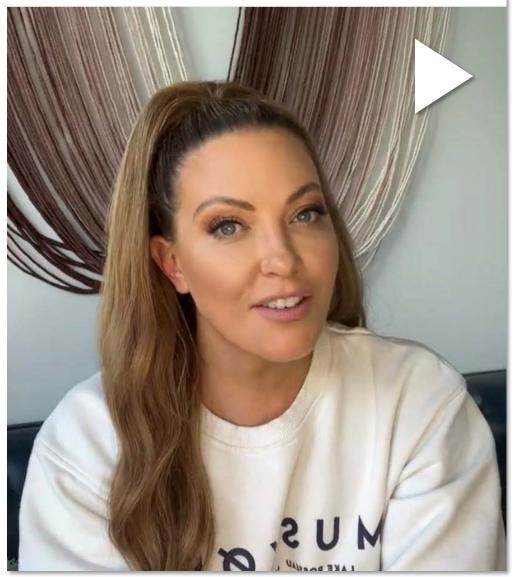
TikTok Stats:

8.5K+ Average Reach 156+ Average Engagements 3% Engagement Rate Over 1 Million Likes









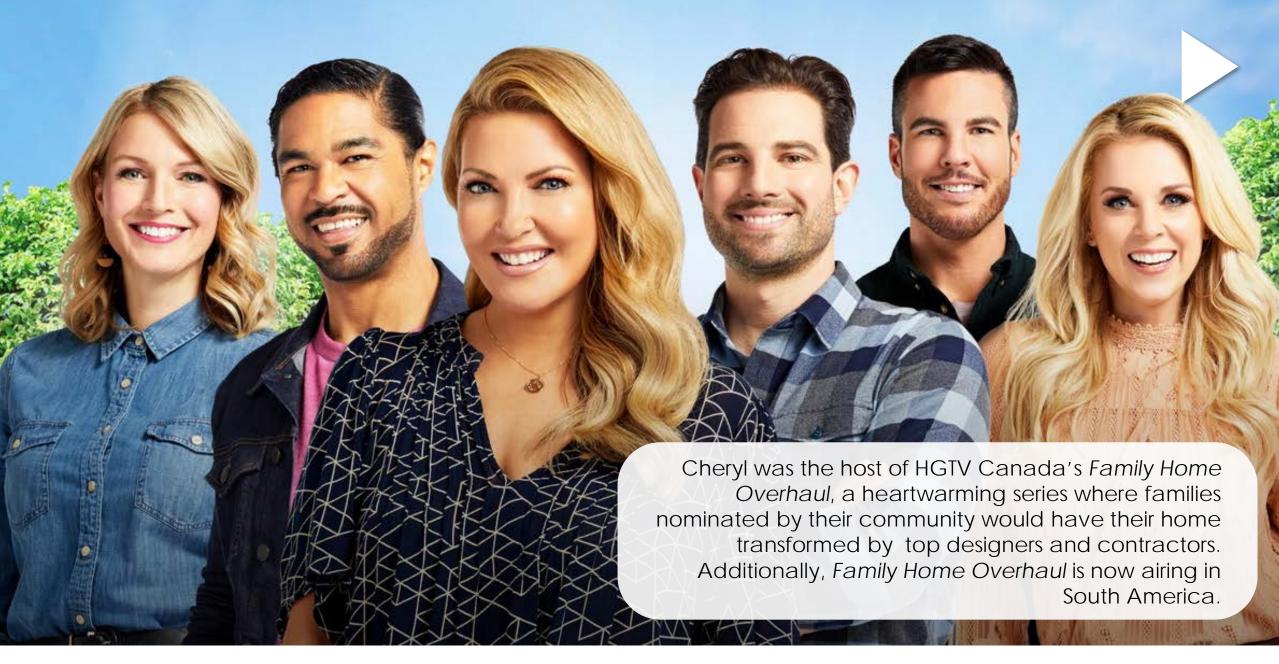
Cheryl hosts weekly Instagram Lives on her channel exploring a wide range of topics related to health and wellness on what she calls #WellnessWednesday.

Previous topics have included beauty, stress management, selfcare, immunity, kid's health, women's health, and more.

Brands have the opportunity to sponsor these Lives and have their product or preferred topic integrated.



Previously host of ET Canada, Cheryl has interviewed stars and luminaries ranging from Brad Pitt to Oprah Winfrey, and reported from the red carpet at the Oscars, the Golden Globes, the Grammy's, and more.













IHUFFPOST

CANADA









Global Vline NEWS

Cityline

TORONTO STAR (

City/Vev/s

Media and Publicity

Cheryl is available to partner with brands for a variety of initiatives, including:

- Spokesperson roles
- Media appearances
- Digital video and influencer content
- Event hosting
- Guest appearances
- and more

Past partners:















Partnership Opportunities





For more information, please contact: info@thespotlightagency.com
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