



Jessi ●●● Cruickshank

Television Personality | Comedian



TheSpotlightAgency.com



JESSI CRUICKSHANK

Television Personality | Founder, *New Mom, Who Dis?*

Renowned for her humour, quick wit, and authenticity, Jessi Cruickshank is the internet's funniest mom (Today's Parent) and Canada's most followed television personality on social media (Toronto Life). She has been the host of some of television's most popular programs, including MTV's *The Hills After Show*, CBC's *The Goods*, and *Canada's Smartest Person*. In 2018, she created the award-winning digital series *New Mom, Who Dis?* which is now a global online community and brand and go-to destination for candid, honest, and always funny takes on motherhood.

In 2022, Jessi hit the road with her first live, wildly successful cross-Canada tour, "Up Close and Too Personal", which had twelve stops in Canadian cities, and followed that up with her "Now That's What I Call Live" tour in 2025. In 2023, she launched her popular weekly podcast series, *Phone a Friend*, which debuted as the #1 comedy podcast across all platforms.

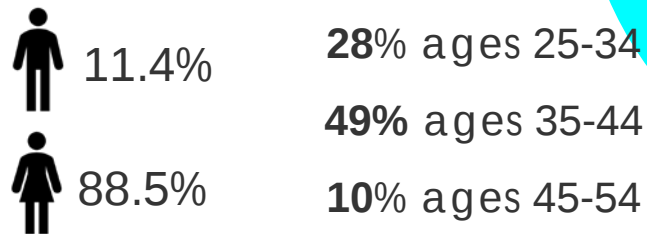
Jessi is also known for her advocacy work with organizations like Plan Canada and Global Citizen. She has travelled to Kenya, India and Ecuador and worked extensively as a keynote speaker and event host across Canada, advocating for gender equality, education for all and removing the barriers that keep girls from reaching their full potential.

She is a mother to twin boys, Rio and Dray, and young daughter, Romi. She splits her time between Los Angeles, Vancouver and Toronto.

SOCIAL MEDIA

Over **249K+** Followers between
Instagram and Facebook

Audience Demographics



Top Countries: Canada (77%), USA (18%)

Jessi's audience are generally interested in the topics of parenting, family, fashion, and pop culture.





@JessiCruickshank

Over **196K+** followers on
Instagram

Instagram Statistics

40.3K+ Average Reach

2.4K+ Average Engagements

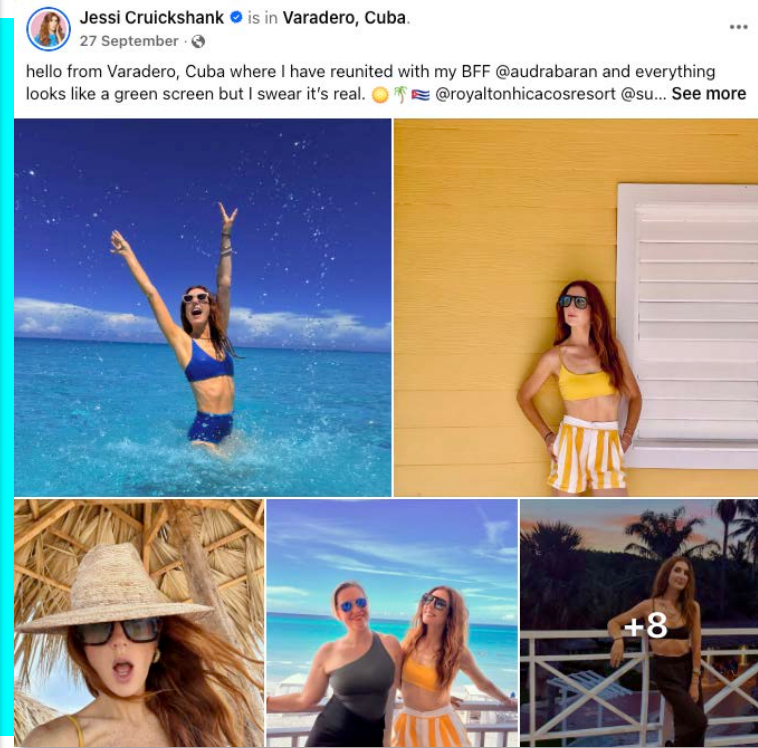
Social Media 

@JessiCruickshank

Over **53K+** followers on
Facebook

Facebook Statistics

8.9K Average Reach



New Mom, Who Dis?

Since launching in 2018, New Mom, Who Dis? (NMWD) has grown into a dedicated, online community and national brand. It is a go-to destination for candid, honest, and always funny takes on motherhood.

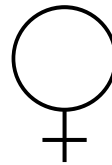


@newmomwhodis



@newmomwhodis

AUDIENCE DEMOGRAPHICS



82%

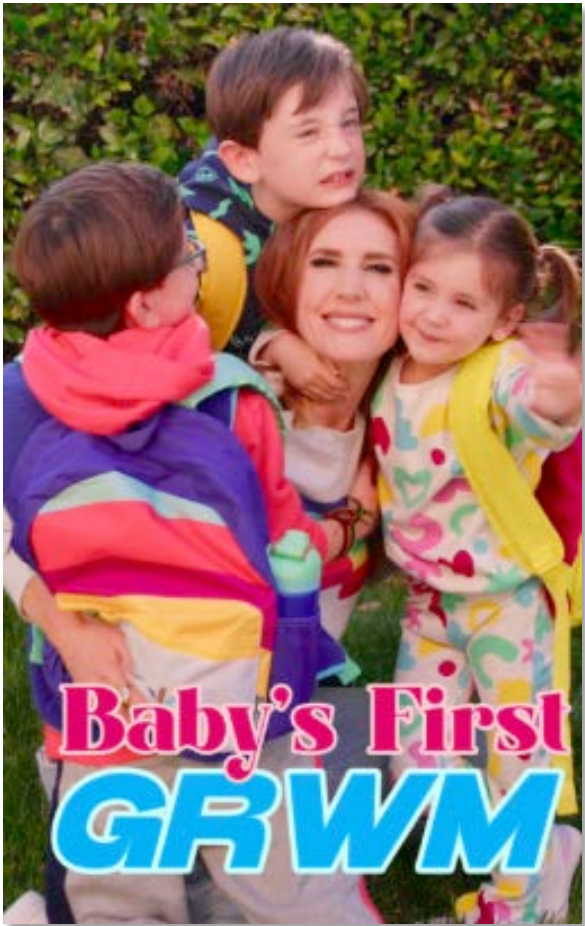


85%

80% of NMWD audience is aged 25-44.



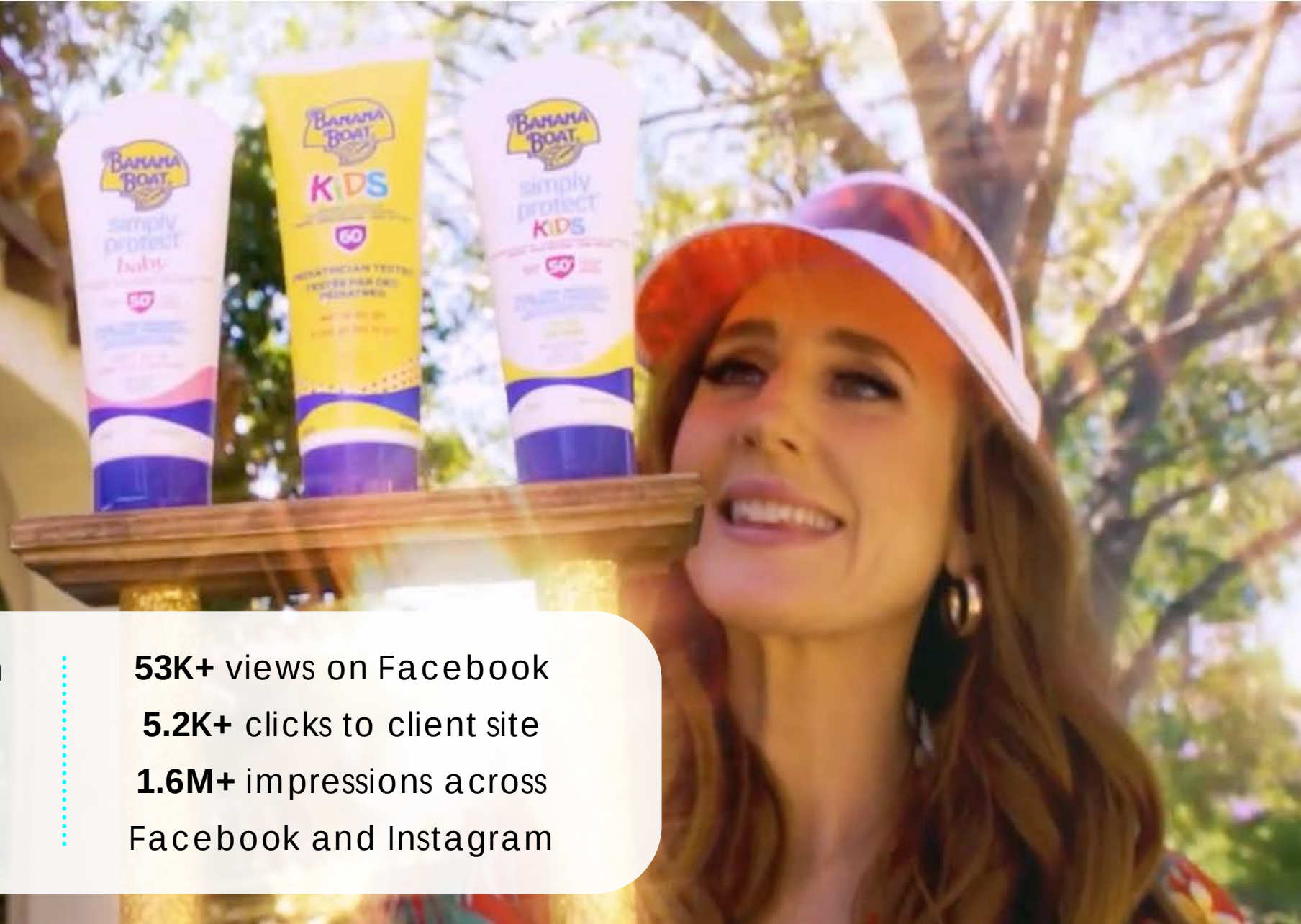
New Mom, Who Dis? ● ● ●



58.8K+
followers
11.8K+
average reach
2.4K+
average engagements
39.83%
engagement rate



72K+
followers



Jessi leads an expert team in producing engaging digital videos, social media content, articles, newsletters, and more

53K+ views on Facebook
5.2K+ clicks to client site
1.6M+ impressions across Facebook and Instagram

Live Tours ● ● ●

Called “hilarious” and “the best comedy show I’ve ever attended”, Jessi’s first cross-Canada, live tour “Up Close and Too Personal” was Jessi as audiences had never seen her before — live, childless, and telling all. She followed up in 2025 with her “Now That’s What I Call Live” tour, which was also a smash hit with audiences.



On Television ●●●

Jessi became a household name as the popular host of MTV Canada's *The Hills After Show* — an international smash hit syndicated in 10 countries that generated record-breaking ratings in both Canada and the US and secured Jessi two Gemini Awards.

Jessi also enjoyed national fame as the host, producer, and writer of her own spin-off pop culture series, *The After Show*; as a correspondent for *Etalk*; as co-host of CBC's *The Goods*; and as co-host of *Canada's Smartest Person*.



Etalk



Broken Beauty Products: How to Bring Them Back to Life | CBC's *The Goods*



MTV Canada's *The Hills After Show*



With her signature warmth and wit, Jessi has emceed and hosted charity fundraisers, private parties, red carpets, award shows, store openings, and corporate events across Canada and the US. As the former host of a national talk show, she knows how to work a room, both in-person and virtually.

Prior to each event, Jessi connects with clients to tailor her humour and references to their audience. On the day of the event, she draws on her quick-witted sensibility to keep things fresh and moving along while weaving in interactive moments with the audience. Deftly handling introductions, interviews, and between-segment banter, she's the perfect choice if you want your audience to have a rollicking good time.

Past clients have included Canada Goose, Royal Bank of Canada, TD Bank, and the Canadian Arts and Fashion Awards, to name a few.

TORONTO
LIFE

LIFE

Quarantine Routine: Jessi Cruickshank is throwing screen time rules out the window

"We're having full-on movie parties with popcorn"

BY TORONTO LIFE | MARCH 29, 2020

Twitter Facebook



Canadian comedian Jessi Cruickshank is getting you (and your family) dressed for the holidays

TV personality Jessi Cruickshank collaborates with fashion brand Joe Fresh for family collection.

By Aleesha Harris

Published Nov 04, 2025

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1 minute read

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Cityline

HELLO!

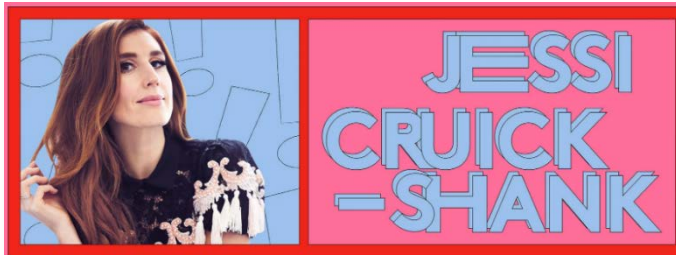
CityNews



CTV NEWS



REFINERY29



26. Jessi Cruickshank, The Cool Mom, Los Angeles

Millennials of a certain age were first introduced to Jessi Cruickshank as the quick-witted, self-deprecating MTV VJ who rose to national fame when she co-hosted *The Hills*. After *Show with Schitt's* Creek star and co-creator Dan Levy, Cruickshank, 37, graduated from grilling Spidei about mood crystals and what they did to Lauren Conrad (they know what they did!) to landing one of the most coveted sit-downs of 2019: a one-on-one with Justin Trudeau, post blackface scandal. The PM appeared on the season 2 premiere of Cruickshank's Facebook Watch show, *New Mom Who Dis?* (she has twin boys), for an interview that included an uncomfortable reenactment of his kiss with Melania Trump to rare moment of sincerity when Trudeau had to explain his racist past to six-year-old twin Black girls. "I think Trudeau and his team probably underestimated me," Cruickshank told Refinery29 about the surprisingly candid conversation.

Global NEWS



FLARE

NATIONAL POST



Today's Parent TORONTO STAR

Publicity and Media

Jessi develops original digital videos and custom, creative content with her partners to ensure their message resonates with a wide array of audiences.

She is available to partner with brands for a variety of initiatives, including:

- Spokesperson roles
- Media appearances
- Digital video and influencer content
- Event hosting
- Guest appearances
- and more

Past partners: **JOE FRESH**



Partnership Opportunities ●



Highlight Reel ●



For more information, please contact:

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thespotlightagency.com

Contact Us 