



# Rodney ●●● BOWERS

*Celebrity Chef | Restaurateur*



[TheSpotlightAgency.com](http://TheSpotlightAgency.com)



# RODNEY BOWERS

Celebrity Chef | Restaurateur

Rodney Bowers is passionate about sharing his love of all kinds of food. His culinary skill and natural charm have catapulted him to the forefront of Canada's culinary scene. Rodney was previously the go-to cooking expert on *The Marilyn Denis Show* and *Breakfast Television*, and he also co-hosted *Double Your Dish* with his partner Meredith Shaw.

Rodney quickly rose from entremetier in the Toronto kitchens of North 44 and Canoe to junior sous chef at the Four Seasons Hotel with chef Lynn Crawford. He then became restaurant chef at Massimo Capra's Mistura. In 2005, Rodney opened his own restaurant, The Rosebud, which quickly became one of Toronto's top eateries. He followed that up with a bistro called The Citizen, and then with Hey Meatball!, which was one of Canada's first farm-to-table restaurants that served quick-service style food.

In 2020, Rodney and Meredith created *Double Your Dish*, where viewers joined them in their home kitchen to learn how to create two very different recipes from the same base ingredients. In addition, Rodney has appeared on *Diners, Drive-Ins, and Dives* and CBC's *Fridge Wars*, and was the host of *The Delinquent Gourmet*.

Rodney is known for encouraging his social media followers to embrace a healthy lifestyle to live life to the fullest. He is currently a culinary arts professor and coordinator for the food media program at Centennial College.

Rodney and Meredith share their busy Toronto household with two kids and their dog.



# @RodneyBowers

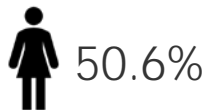
46.6K+ Followers on Instagram

## Audience Demographics



49.4%

23% ages 25-29



50.6%

32% ages 30-34

13% ages 35-39

Top Countries: Canada, USA

A majority of Rodney's community of followers and fans range in age from 30-39, with 50% identifying as female and 75% residing in North America. Their general interests include food, family, and body positivity, and they love Rodney for his great sense of humour.







rodneybowers  
Budweiser Stage



Liked by thespotlightagency and 1,455 others

rodneybowers Check me out at the Junos!!!!  
I got the 🏆 on my arm.



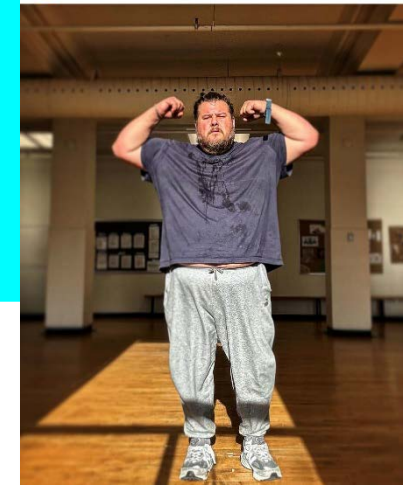
2/10



rodneybowers  
Whigfield • Saturday Night



rodneybowers



Social Media





Rodney was previously the go-to cooking expert on *The Marilyn Denis Show* as well as on *Breakfast Television*. He has also appeared on CBC's *Fridge Wars* and *Diners, Drive-Ins, and Dives*, and was the host of *The Delinquent Gourmet*.



Click the thumbnails to watch:

Left:

*Rod's Diabetes friendly recipe*

Bottom:

*Classic Pasta Bolognese recipe*



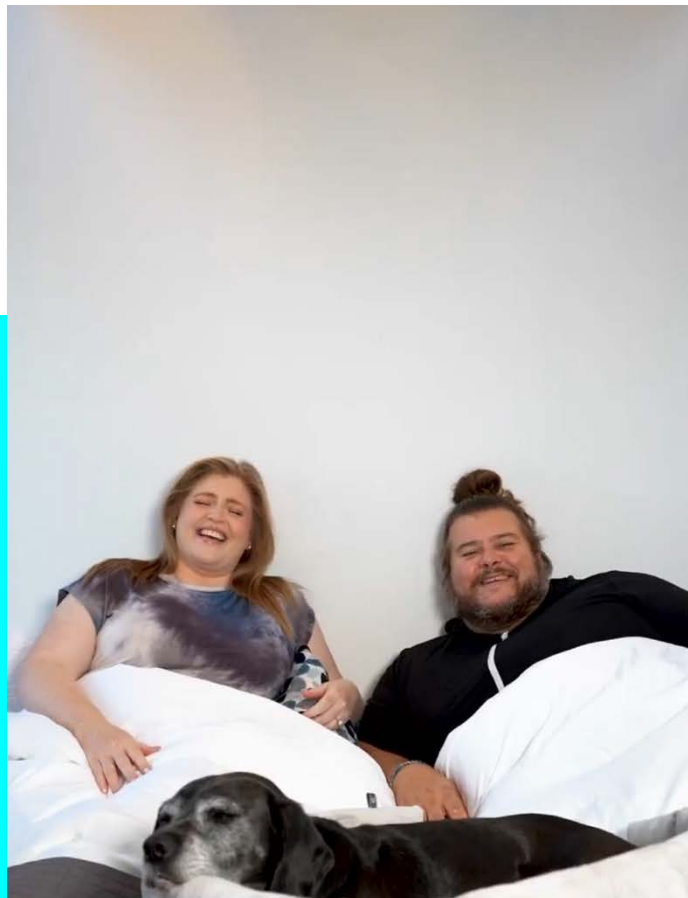




# DOUBLE your DISH

During the pandemic, Rodney hosted CTV's *Double Your Dish* alongside his partner, Meredith Shaw. The show was "self-shot" in their home kitchen.





Following the success of *Double Your Dish*, Rodney and his partner, television and radio personality Meredith Shaw, are available as a duo for both brand campaigns and as event hosts.



# My kids' schooling was in flux, so I took them on a three-week educational road trip

BY RODNEY BOWERS | PHOTOGRAPHY BY RODNEY BOWERS | DECEMBER 21, 2020

twitter facebook



THE MARILYN DENIS SHOW  
**MARILYN**



CTV  
CANADA  
**am**

LOG IN

HELLO!

FOLLOW

SUBSCRIPTIONS

CELEBRITIES ROYALTY FASHION LIFESTYLE BEAUTY TV & FILM KINDNESS SHOPPING FASHION

Celebrity babies

Celebrity couples

## Exclusive: 'Double Your Dish' stars Rodney Bowers and Meredith Shaw count down to the holidays

By Julia McEwen

ADVERTISEMENT



» TORONTO STAR «

**M** YOUR **RNING**

**THE KIT**



Rodney is available to partner with brands for a variety of initiatives, including:

- Spokesperson roles
- Media appearances
- Digital video and television ads
- Cooking demonstrations
- Event hosting
- Guest appearances
- and more

Past partners:



**Abbott**

**MYDOH**



Partnership Opportunities ●







For more information, please contact:

[info@thespotlightagency.com](mailto:info@thespotlightagency.com)

[thespotlightagency.com](https://thespotlightagency.com)

Contact Us 