



Dr. Chika ●●● STACY ORIUWA

Physician | Author



TheSpotlightAgency.com



DR. CHIKA STACY ORIUWA

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An accomplished physician, nationally ranked spoken word poet, and thought leader, Dr. Chika Stacy Oriuwa is a multi-faceted powerhouse whose journey exemplifies authentic leadership in every aspect.

Chika's career is a testament to her insatiable curiosity about the human experience and the profound connections that define it. She is currently a resident doctor in psychiatry at the University of Toronto where she earned her medical degree and became the first Black woman named sole valedictorian of the department. Chika also holds a master's degree in health systems leadership and innovation. This, combined with her medical background, has established her as a sought-after expert in the science and practice of leadership, innovation, and performance.

Named one of TIME magazine's "2021 Next Generational Leaders" and one of Maclean's Power 50, Chika has served on multiple boards informing their efforts in advancing equity, leading authentically, and prioritizing workplace wellness. She has also been named one of Best Health Magazine's "Women of the Year", honoured with a one-of-a-kind Barbie doll made in her image in recognition of her impact, and featured in several major media outlets, including CBC's The National, CTV News, CP24, Toronto Star, and TODAY, amongst others. In 2024, Chika published *Unlike the Rest*, her memoir of becoming, belonging, and being seen on her journey as a medical trailblazer and leader.

Chika draws from every dimension of her life — physician, poet, mother, and leader — threading together the clinical, creative, and deeply personal to captivate and inspire audiences. She resides in Toronto with her husband and three young children.

@DrChikaOriuwa

6000+ followers on Instagram

Audience Demographics



0%



0%

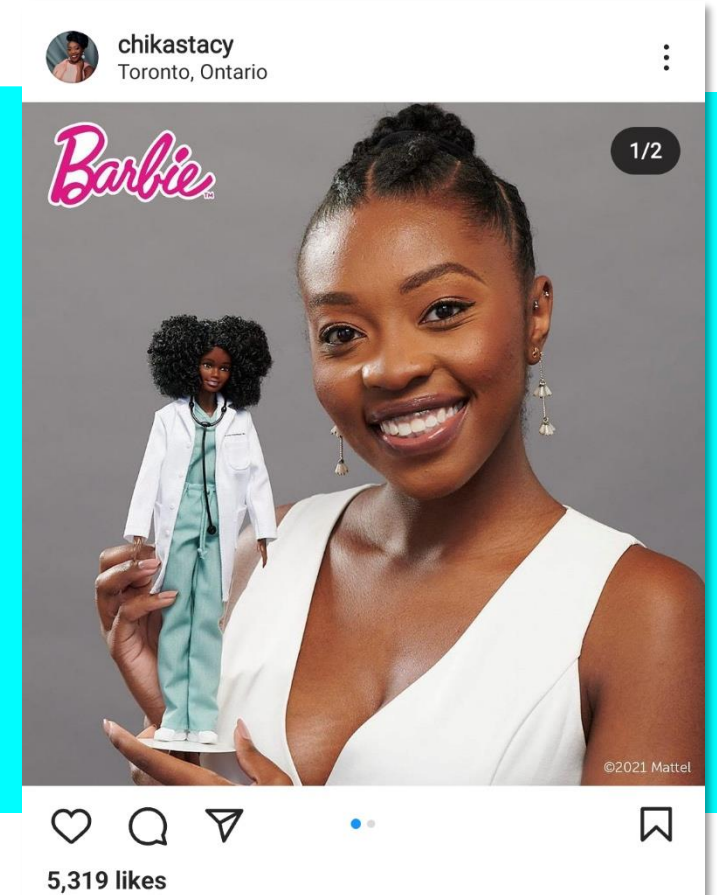
42% ages: **25-34**

29% ages: **35-44**

13% ages: **45-54**

Chika's following is **over 74% Canadian!**

Top city: Toronto (**22%**)



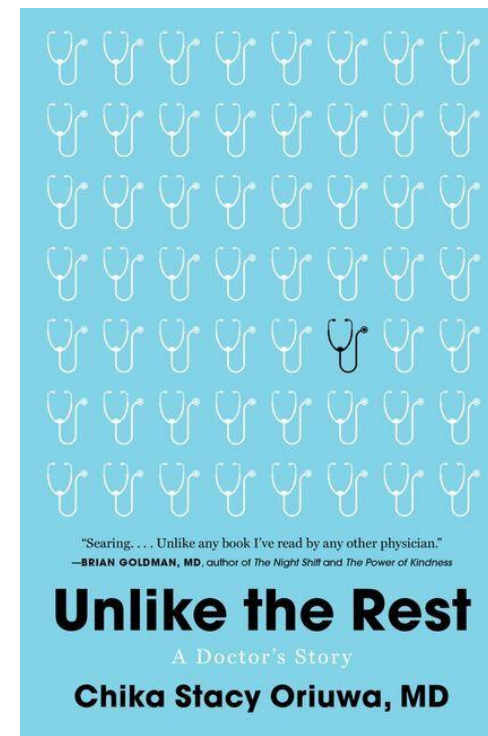


Above: Spoken Word Poetry by Dr. Chika Stacy Oriuwa

Chika is also a professional spoken word artist. Working under the Hamilton Youth Poets, she has earned her place as a national slam poetry finalist twice. In 2017, she released her renowned slam poem “Woman, Black” and in 2018 published her seminal article *In My White Coat, I am More Black than Ever* for FLARE magazine's Black History Month campaign.

In 2024, Chika published her first book: an autobiography titled ***Unlike The Rest: A Doctor's Story***.

Interwoven with descriptions of on-the-ground medical training, personal moments of doubt and success, and reflections on mental health and family expectations, *Unlike the Rest* is the moving and inspiring story of a young doctor's journey through medical school and residency, where she found her calling in the science and in the patients, but also felt alone and lonely, and compelled to advocate for change, not only for those in training but for those in care. And while the risks in speaking up seemed great, to simply endure was unacceptable.



Dr. Chika Stacy Oriuwa

Making health care more inclusive



*'People who
NEVER thought
they could BECOME
A DOCTOR heard
my story and felt
INSPIRED to apply.'*



MACLEAN'S
The Power List

37

Chika Stacy Oriuwa

TIME **MACLEAN'S**
» **TORONTO STAR** «



Global >



TIME

blogTO

**CP
24**

NARCITY

Publicity and Media ●

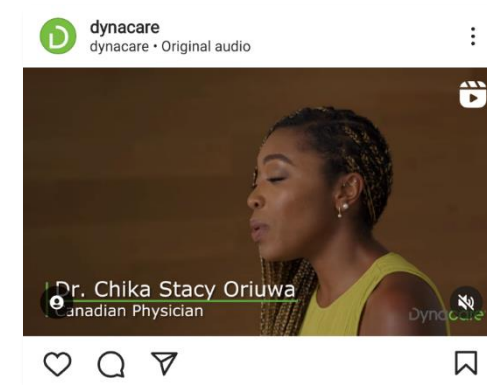
Dr. Chika is available to partner with brands for a variety of initiatives, including:

- Spokesperson roles
- Media appearances
- Digital video and television ads
- Event hosting
- Speaking engagements
- Guest appearances
- and more

Past partners:



WATCH: Barbie x #ThankYouHeroes



Dynacare®

Partnership Opportunities



For more information, please contact:

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